

Adverse Childhood Experiences

ADVERSE CHILDHOOD EXPERIENCES SURVEY

ONE: Did a parent or other adult in the household often or very often push, grab, slap, or throw something at you? Or ever hit you so hard that you had marks or were injured?

YES NO

TWO: Did a parent or other adult in the household often or very often swear at you, insult you, put you down, or humiliate you? Or act in a way that made you afraid that you might be physically hurt?

YES NO

THREE: Did an adult or person at least five years older than you ever touch or fondle you or have you touch their body in a sexual way? Or attempt, or actually have, oral, anal, or vaginal intercourse with you?

YES NO

FOUR: Did you often or very often feel that no one in your family loved you or thought you were important or special, or that your family didn't look out for each other, feel close to each other, or support each other?

YES NO

FIVE: Did you often or very often feel that you didn't have enough to eat, had to wear dirty clothes, or had no one to protect you? Or your parents were too drunk or high to take care of you or take you to the doctor if you needed to go?

YES NO

SIX: Did you live with anyone who was a problem drinker or alcoholic? Or who used street drugs?

YES NO

SEVEN: Was your parent or stepparent often or very often pushed, grabbed, slapped, or hit by a thrown object? Or sometimes, often, or very often, kicked, bitten, hit with a fist, or hit with something hard? Or ever repeatedly hit for at least a few minutes or threatened with a gun or knife?

YES NO

EIGHT: Was a household member depressed or mentally ill? Or did a household member attempt suicide?

YES NO

NINE: Were your parents separated or divorced?

YES NO

TEN: Did a household member go to prison?

YES NO

About the survey: The ACEs Survey was developed as part of the Adverse Childhood Experience Study published in 1998. The survey helps communities identify the magnitude of ACEs impacting our children, students and adult family members. An overview of the study and survey are found on the Centers for Disease Control and Prevention site: www.cdc.gov/violenceprevention/acestudy.

